

# Protect Yourself. Protect your Community. Get Boosted.

Not everyone in our city has an equal opportunity to access health care, support and resources.

As a result, those of us living in 22 zip codes have experienced higher rates of COVID illness. This area represents about one-third of the Bexar County population, yet accounts for more than 50% of all COVID-19 deaths in the county.\*

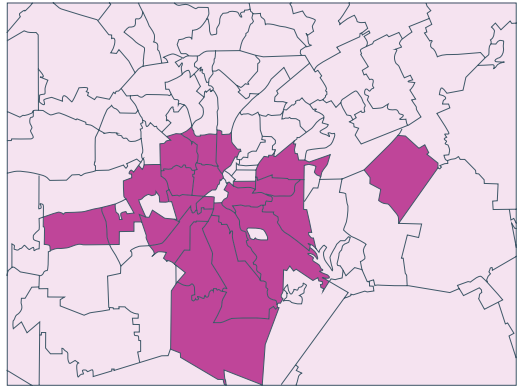
Vaccinations and boosting can help prevent serious illness and hospitalizations, and also reduce the spread of COVID.

At Health Confianza, a community-wide health project, we are working to empower our community to find health information, resources and support when they need it. **Get vaccinated. Get boosted.**

## I WAS ALREADY BOOSTED. DO I NEED ANOTHER COVID BOOSTER?

Everyone who has completed their COVID-19 vaccination regimen (Pfizer-BioNTech, Novavax or Johnson & Johnson) and is over six months old is eligible for a booster. So if you are already vaccinated and it's been two months since your last booster, then it's time for the updated Bivalent booster.

The more time passes, the less effective your original booster becomes. The Bivalent booster jumpstarts your immune system and offers the best protection against more recent Omicron subvariants.



Zip codes highlighted: 78152, 78201, 78203, 78207, 78210, 78211, 78212, 78214, 78219, 78220, 78221, 78222, 78223, 78224, 78225, 78226, 78227, 78228, 78237, 78242, 78252, 78264 (not an exact representation of San Antonio)

## **FIVE FACTS ABOUT VACCINES**

1. You will not get COVID-19 from the vaccine.
2. The vaccine will not change or damage your body's genetic information.
3. Even if you are vaccinated and boosted, you should still wear your mask in crowds and frequently wash your hands to help keep everyone safe.
4. Vaccines and boosters are important in stopping the spread of COVID-19.
5. If you are pregnant, trying to become pregnant now or want to get pregnant in the future it is still safe for you to get the vaccine and booster.

## **POP-UP VACCINE CLINICS PROVIDERS**

### **Lela Pharmacy**

[www.LelaPharmacy.com](http://www.LelaPharmacy.com)

### **Metro Health San Antonio**

#### **Metro Health Immunization Clinic**

210 N. Mel Waiters Way

San Antonio, TX 78202

(210) 207-8894

<https://www.sanantonio.gov/HEALTH>

*Call 311 or (210) 207-6000 (select option 8) or*

*email [COVID-19@sanantonio.gov](mailto:COVID-19@sanantonio.gov)*

### **Refugee Health Clinic**

#### **located at St. Francis Episcopal Church**

4242 Bluemel Rd

San Antonio, TX 78240

(469) 458-0209

*Open on Wednesdays, vaccines available*

**Check our website for additional vaccine providers.**

## **Boost Community. Boost Health.**

Visit **[HealthConfianza.org](http://HealthConfianza.org)** to learn more about COVID-19 and Long-COVID

*Health Confianza is a health literacy project funded by the U.S. Department of Health and Human Services' Office of Minority Health. Health Confianza is a community-wide partnership between UT Health San Antonio, The City of San Antonio Metropolitan Health District and The University of Texas at San Antonio.*