

Organizational Health Literacy Toolkit

What is this Toolkit?

This is a toolkit of linked resources for organizations looking to make changes to improve the accessibility, understandability, and use of their health information and services by their end users (patients or clients). Each resource or tool has a description and an example of why you would want to use it.

Who is the Toolkit For?

The toolkit can be used by both clinical and non-clinical organizations. Many people have more trust with their community organizations and social service agencies than with traditional health care and prefer to use them for their basic health education needs. Health Confianza's Pledge Program has demonstrated that these resources are applicable to any organization that aims to educate its clients on health. All organizations have a responsibility to critically self-evaluate for needed health literacy improvements. Making this effort helps increase health equity in our community.

Questions?

If you have questions about any of the resources listed here, please email Confianza@uthscsa.edu.

| Category | Resource/Tool | Brief Description | What it | Example |
|---------------------------------|-------------------------------|--------------------------|-------------------|--------------------------|
| | | | Provides | |
| Readability of Materials | Health Literacy Advisor | Software tool for | Text readability, | You want to make sure |
| (What grade level is your | | Microsoft Word to assess | plain language | your handout is in plain |
| text and is it written in plain | *This is the only listed tool | and improve readability | suggestions, a | language. |
| language?) | that has a cost. Health | of documents. | style guide | |
| | Confianza has a | | | |
| | subscription and may be | | | |
| | able to assist you. | | | |

| | SMOG Readability | A formula that scores | Grade level of | You want to score an entire |
|----------------------------|--------------------------|--------------------------|----------------------|------------------------------|
| | Formula | text based on the | material | text or a random passage |
| | <u> </u> | complexity of its | materiat | to determine the grade |
| | | sentences and words. It | | level required to read it. |
| | | estimates the years of | | Here is an example of how |
| | | education a person | | to do a calculation. |
| | | needs to understand a | | |
| | | piece of writing. | | |
| Understandability / | Clear Communication | A tool from the CDC that | Score of the clarity | You want to encourage |
| Actionability of Materials | Index | helps you develop and | of your | people to get a flu shot and |
| (Can the end user | | assess public | communication | want to make sure that |
| successfully use your | | communication | product | your message to the public |
| materials to take an | | materials based on a set | | is effective. |
| action?) | | of 20 scored items. | | |
| | Federal Plain Language | Official guidelines from | Guidelines on how | You want to make sure |
| | Guidelines | The Plain Writing Act of | to write clearly | your agency is adhering to |
| | | 2010 that requires that | | plain language best |
| | | federal agencies use | | practices so that users can |
| | | clear communication | | find, understand, and use |
| | | that the public can | | your information |
| | | understand and use. | | |
| | Health Literacy Online | These are guidelines | Recommendations | You want to work with your |
| | | from the Office of | on how to create | website administrator to |
| | | Disease Prevention and | online health | ensure your organization's |
| | | Health Promotion to | content | website can most |
| | | develop easy-to- | | effectively be understood |
| | | understand websites and | | and used by your clients. |
| | | mobile devices. | | |
| | PEMAT (Patient Education | A guide from the Agency | An | You need to choose from |
| | Materials Assessment | for Healthcare Research | understandability | several patient education |
| | <u>Tool)</u> | and Quality (AHRQ) that | score and an | materials your agency will |
| | | uses a systematic | actionability score | distribute on childhood |
| | | method to evaluate and | of materials | vaccination. You want |
| | | compare the | | help deciding which are |

| | | understandability and | | the easiest to understand |
|---------------------------|---------------------------|---|--------------------|------------------------------|
| | | - | | |
| | | actionability of patient education materials. The | | and act upon. |
| | | | | |
| | | website offers an Excel | | |
| | | scoring form. | D | |
| | Simply Put | A guide from the CDC for | Practical steps to | You need help developing |
| | | strategies that transform | organize | a fact sheet about COVID- |
| | | complicated scientific | information and | 19 transmission that is |
| | | and technical | use language and | organized, clear and |
| | | information into | visuals | relatable to the reader. |
| | | communication that your | | |
| | | audience can | | |
| | | understand and use. | | |
| | | Covers design, visuals, | | |
| | | readability, and more. | | |
| Organizational Health | Health Literacy Universal | A toolkit from the Agency | 23 tools with | Your primary care practice |
| Literacy Self-Assessment | Precautions Toolkit | for Healthcare Research | concrete actions | is seeking to get started |
| (What tools can your | | and Quality (AHRQ) of | and 40 resources | with identifying areas for |
| organization use to self- | | resources to help an | to make | health-literacy related |
| assess for current health | | organization make health | organizational | improvement and begins |
| literacy practices?) | | literacy improvement in 5 | health literacy | with <u>these actions</u> . |
| | | areas through concrete | improvements | |
| | | actions. | | |
| | HLE2: The Health Literacy | This is a health literacy | Self-assessment | Your organization wants to |
| | Environment of Hospitals | self-assessment tool for | scores in 5 areas | score itself in the areas of |
| | and Health Centers | identifying an | of an organization | policies, practices, |
| | | organization's facilitators | (policy, practice, | navigation, culture and |
| | | and barriers to | communication, | language, and |
| | | information, care, and | navigation, and | communication. |
| | | services in 5 areas. | culture) | |
| | | While it was created for | · | |
| | | health care agencies, it | | |
| | | can be used by any | | |
| | | organization that | | |
| | | | 1 | <u> </u> |

| | The Health Literacy Environment Activity Packet: First Impressions and Walking Interview | provides some amount of health education and/or services. This tool focuses specifically on the navigation of facilities. It evaluates first impressions such as requesting directions by calling the main number and physical navigation through a walking interview. | of navigation at a facility | You would like to engage volunteers to objectively review your facility's navigability using this checklist. |
|---|---|--|---|--|
| Practice Change (What are some resources that will help your organization make actionable changes for improving health literacy?) | <u>Health Literacy Universal</u> <u>Precautions Toolkit</u> | A toolkit from the Agency for Healthcare Research and Quality (AHRQ) of resources to help an organization make health literacy improvement in 5 areas through concrete actions. | 23 tools with concrete actions and 40 resources to make organizational health literacy improvements | Your practice would like to implement a set of concrete actions for achieving change, such as addressing language differences and making referrals easy. |
| | Building Health Literate Organizations | This guidebook describes how to make organizational change based on the <u>Ten</u> <u>Attributes of a Health</u> <u>Literate Organization</u> . | A resource guide describing how to make health literacy organization changes with a case study | Your organizational team that is planning organizational health literacy change wants a guidebook that takes them through a step-by-step process. |
| | National CLAS Standards | The US Dept. of Health & Human Services has developed 15 action steps as a blueprint to implement culturally and linguistically appropriate | 15 action steps towards achieving cultural and linguistics standards in health | Your organization wants to implement federally recognized culture and language standards to ensure it is providing |

| | | convises. The goal of | | aquitable reaponeive and |
|--------------------------|-----------------------------|-----------------------------|----------------------|-----------------------------|
| | | services. The goal of | | equitable, responsive, and |
| | | these actions are to | | respectful care. |
| | | reduce health disparities | | |
| | | and advance health | | |
| | | equity. | | |
| | Making Health Literacy | The CDC created this | A fill-in-the blank | Your organization wants an |
| | Real | easy-to-use template to | template of an | actionable template to |
| | | help organizations plan | organizational | create its Organizational |
| | | changes to improve | health literacy plan | Health Literacy Plan with |
| | | health literacy. | | goals and objectives. |
| | Questions Are the Answer | The Agency for | A multimedia | Your organization is |
| | | Healthcare Research and | campaign for | looking for a ready-to- |
| | | Quality (AHRQ). | patient | implement health literacy |
| | | developed a public | engagement with | campaign to promote |
| | | campaign to improve | an app, videos, | better engagement by |
| | | patient engagement in | handouts and | patients and clients with |
| | | healthcare by | more. | your services. |
| | | encouraging questions | | |
| | | with understanding. | | |
| | Ten Attributes of Health | A 2012 National | List of the Ten | Your organization wants to |
| | Literate Health Care | Academies Roundtable | Attributes of a | set goals for becoming a |
| | Organizations | identified 10 attributes of | Health Literate | more health literate |
| | | a health literate health | Organization with | organization that are |
| | | care organization. The | resources to help | based on national |
| | | Agency for Healthcare | achieve each | recommendations. |
| | | Research and Quality | attribute | |
| | | (AHRQ) had coupled | | |
| | | these attributes with | | |
| | | specific resources. | | |
| Policy | Health Literacy in the | This 2022 report by the | A PDF report of | You want a recent report to |
| (What are policy guides | United States: Enhancing | Milken Institute | health literacy in | share with your |
| and recommendations that | Assessments and | describes the state of | the US with | stakeholders that provides |
| can support your health | Reducing Disparities | health literacy in the US, | specific policy | policy recommendations. |
| literacy case?) | | identifies policy priority | recommendations | |

| | areas, and provides | | |
|-------------------------|---------------------------|---------------------|----------------------------|
| | recommendations. | | |
| Healthy People 2030 | The US Dept. of Health & | A list and | Your organization wants to |
| | Human Services sets | explanation of the | align its specific health |
| | these public health | nation's health | literacy objectives with |
| | decade milestones for | literacy objectives | national objectives. |
| | the nation. For the first | to be achieved by | |
| | time in 2030, | 2030 | |
| | organizational health | | |
| | literacy was defined, | | |
| | emphasizing the role | | |
| | organizations and | | |
| | systems have in | | |
| | addressing health | | |
| | literacy. | | |
| National Action Plan to | The US Dept. of Health & | A PDF report of | You want to refer to the |
| Improve Health Literacy | Human Services issued | health literacy in | sentinel report that first |
| improverredurreneidey | this report in 2010 as a | the US with seven | described the |
| | national call to improve | goals for improving | responsibility of |
| | • | | |
| | health literacy, | health literacy and | organizations and systems |
| | particularly through | strategies to | in improving health |
| | actions by organizations | achieve htem | literacy. |
| | and professions. | | |

Be able to print out this chart as a PDF.